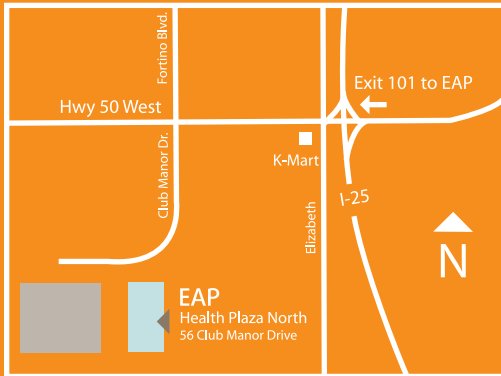


## Mission Statement

Parkview Medical Center, Employee Assistance Program, is committed to providing comprehensive treatment for all eligible individuals seeking our services. We will focus on growth and positive change where individual motivation and strengths are used to achieve the highest degree of health possible. All services will be provided in an ethical and culturally appropriate manner in the least restrictive setting.



**Office Hours:**  
8:30 am-5:00 pm  
Monday-Friday  
**Contact EMPLOYEE ASSISTANCE to schedule an appointment**  
**719.584.4770**

*Additional appointment times are available according to special request/need and availability of staff.*



Employee Assistance Program

56 Club Manor Dr, Ste 102, Pueblo, CO 81008



*Caring For You®*

Employee Assistance Program  
EAP

**719.584.4770**

56 Club Manor Dr, Suite 102 • Pueblo, CO 81008  
Office Hours: 8:30 am-5:00 pm • Monday-Friday

## Employee Assistance Program (EAP) is a workplace based program designed to assist:

- › Employers in addressing productivity issues
- › Employees in identifying and resolving personal concerns, which may adversely affect job performance.

### Counselors can assist with:

- Self-improvement/personal growth
- Marital, family discord
- Child, adolescent conflict
- Substance use/abuse
- Anxiety – panic attacks
- Grief, loss
- Emotional stress
- Depression

## Eligibility

EAP services are available to all employees and their immediate family; i.e. spouse, significant other, and children less than 26 years of age. You may contact EAP directly to schedule an appointment with a counselor.

## Cost

Services are no cost to employees and their families.

- \* Outside referral of employees for diagnosis and/or long-term treatment are subject to insurance fees, co-pay, etc.

## Key VALUES

### Confidentiality

We respect the client's privacy and work at building trust through confidentiality – information is not shared without the client's written consent. However, there are exceptions to this rule, as outlined by the American Psychological Association's (APA) Code of Ethics. For instance, imminent danger to harm self or others, reports of abuse, neglect, etc.

### Professionalism and Integrity

EAP staff holds to the highest standards of personal and professional conduct. We work to provide the most current information through ongoing research, study and continuing education.

### Customer Care

Respect and compassion for clients is foremost at Parkview. We are committed to providing quality customer care while continually striving to exceed the expectations of our clients.

The focus at EAP is to meet the individual's specific needs as well as reinforce the notion that conflict is natural in all aspects of life. Developing new or different ways of coping is the objective of treatment.

Management supports and encourages their employees to seek treatment, so there is no fear of "will this affect my job" or retaliation. Your work performance will determine your future.

## Employee Retention Services

Parkview is not only committed to caring for their patients, customers, and clientele, but to their most valuable asset – the people who work for them.

An employee's major, personal life problems can influence work performance and productivity thus taking a toll on the employee, employer and the bottom line.

**At Employee Assistance, we are available to address your workplace needs:**

- Assessment and referral for short-term problem resolution
- Stress management and relaxation techniques
- Facilitation of back to work or work agreements
- Employee education and group training
- Working with peers and effective communication skills

Directors, supervisors, and managers are encouraged to consult with EAP regarding productivity issues or to schedule a presentation at your next staff meeting. Presentations vary in length and topic according to the department's specific needs and time frame.



You may contact EAP directly to schedule an appointment with a counselor – call 584.4770.